

Sports X-tra Timetable

January – April 2019

- All clubs start at 3:20pm and last for one hour, unless stated otherwise
- This timetable may change before or during the term – amendments will be communicated via form tutors

ACTIVITY (Staff in charge)	YEAR 7	YEAR 8	YEAR 9	YEAR 10	YEAR 11	YEAR 12 / 13
Active 1 (Mr Eley) Gym	Invite Only Monday 3.20 – 4.20pm	Invite Only Monday 3.20 – 4.20pm	Invite Only Monday 3.20 – 4.20pm	Invite Only Monday 3.20 – 4.20pm	Invite Only Monday 3.20 – 4.20pm	X
Futsal (Mr Sachro/Mr Lightfoot) Sports Hall & O Hall	Monday 12.45 – 1.15pm	Friday 12.45 – 1.15pm	Friday 12.45 – 1.15pm	Friday 12.45 – 1.15pm	Friday 12.45 – 1.15pm	X
Badminton (Miss Hatt/Mr Naylor) Sports Hall & O Hall	Tuesday/Friday 12.45 – 1.15pm Olympic Hall	Tuesday 12.45 – 1.15pm Sports Hall	Tuesday 12.45 – 1.15pm Sports Hall	Tuesday 12.45 – 1.15pm Sports Hall	Tuesday 12.45 – 1.15pm Sports Hall	X
Touch Rugby Mr Naylor Sports Hall	Monday 12.45 – 1.15pm	Monday 12.45 – 1.15pm	Monday 12.45 – 1.15pm	Monday 12.45 – 1.15pm	Monday 12.45 – 1.15pm	X
Fitness Suite (Fitness Coach)	See Fitness Suite Timetable	See Fitness Suite Timetable	See Fitness Suite Timetable	See Fitness Suite Timetable	See Fitness Suite Timetable	See Fitness Suite Timetable
Hockey (Miss Richards) Large Astro	Thursday 3.20 – 4.20pm	Thursday 3.20 – 4.20pm	Tuesday 3.20 – 4.20pm	Tuesday 3.20 – 4.20pm	Wednesday 3.20 – 4.20pm	Wednesday Enrichment
Hockey Academy	Wednesday	Wednesday	Wednesday	Wednesday	Wednesday	Wednesday
Netball (Miss Thomas) Small Astro	Tuesday 3.20 – 4.20pm	Tuesday 3.20 – 4.20pm	Thursday 3.20 – 4.20pm	Thursday 3.20 – 4.20pm	Thursday 3.20 – 4.20pm	Wednesday Enrichment
Football (Girls) (Miss A Cragg) Field	Tuesday 3.20 – 4.20pm	Tuesday 3.20 – 4.20pm	Wednesday 3.20 – 4.20pm	Wednesday 3.20 – 4.20pm	Wednesday 3.20 – 4.20pm	See Coach
Gymnastics (Miss Axon) Gym	Thursday 3-20 to 4-20pm	Thursday 3-20 to 4-20pm	Thursday 3-20 to 4-20pm	Thursday 3-20 to 4-20pm	Thursday 3-20 to 4-20pm	Thursday 3-20 to 4-20pm
Football (Mr Sachro/Mr Elston) Front Field	Tuesday/ Wednesday 3.20 – 4.20pm	Tuesday/ Wednesday 3.20 – 4.20pm	Tuesday/Thursday 3.20 – 4.20pm	Monday/Thursday 3.20 – 4.20pm	Tuesday 3.20 – 4.20pm	Tuesday 3.20 – 4.20pm
Trampolining (Mrs Pemberton) Sports Hall	See Trampoline Notice Board	See Trampoline Notice Board	See Trampoline Notice Board	See Trampoline Notice Board	See Trampoline Notice Board	See Trampoline Notice Board
Rugby (Mr Rushton) Front or Back Field	Thursday 3.20 – 4.20pm	Thursday 3.20 – 4.20pm	Wednesday 3.20 – 4.20pm	Wednesday 3.20 – 4.20pm	Tuesday 3.20 – 4.20pm	Tuesday 3.20 – 4.20pm
Basketball (Mr Naylor) Sports Hall & O Hall	Wednesday 12.45 – 1.15pm Olympic Hall	Wednesday 12.45 – 1.15pm Sports Hall	Wednesday 12.45 – 1.15pm Sports Hall	Wednesday 12.45 – 1.15pm Sports Hall	Wednesday 12.45 – 1.15pm Sports Hall	X
Volleyball (Mr Moore) Gym	Wednesday 3-20 to 4.20pm	Wednesday 3-20 to 4.20pm	Wednesday 3-20 to 4.20pm	Wednesday 3-20 to 4.20pm	Wednesday 3.20 – 4.20pm	X
Cheerleading (Miss Hatt) Gym & Sports Hall	Tuesday/Thursday 3.20 - 4.20pm	Tuesday/Thursday 3.20 - 4.20pm	Tuesday/Thursday 3.20 - 4.20pm	Tuesday/Thursday 3.20 - 4.20pm	Tuesday/Thurs 3.20 - 4.20pm	Tuesday/Thurs 3.20 - 4.20pm
Girls Cricket (Mr Herriott) Sports Hall	Thursday	Thursday	Thursday	Thursday	Thursday	Thursday
This Girl Can! (Miss Jamison) Olympic Hall	Thursday (Invite only)	Thursday (Invite only)	Thursday (Invite only)	Thursday (Invite only)	Thursday (Invite only)	Thursday (Invite only)

- Boys will change in both Sports Hall changing rooms for clubs starting at 3.20pm. Girls will change in the Olympic Hall changing rooms.
- Students attending the Fitness Suite will change in the male and female changing rooms in the Pavilion.
- Clubs are open to students of all abilities
- Team Sheets will be posted on the Sports Hall and Olympic Hall corridor noticeboards