



Wilmslow High School

Allergy Action Plan



This child has the following allergies
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**Non
AAI**

Student's name	Date of birth	Tutor group
Student's address		
Post code		
Emergency contact numbers		
Name	Relationship to student	Telephone Number

In the event of a mild-moderate allergic reaction:

- Swollen lips, face or eyes
- Itchy / tingling mouth
- Hives or itchy skin rash
- Abdominal pain or vomiting
- Sudden change in behaviour

ACTION:

- Stay with the child, call for help if necessary
- Give antihistamine *state drug and dose*: _____
(if vomited, can repeat dose)
- Contact parent/carer

Watch for signs of anaphylaxis

AIRWAY: Persistent cough, hoarse voice, difficulty swallowing, swollen tongue

BREATHING: Difficult or noisy breathing, wheeze or persistent cough

CONSCIOUSNESS: Persistent dizziness / pale or floppy suddenly sleepy, collapse, unconscious

If ANY ONE of these signs are present:

1. Lie child flat. If breathing is difficult, allow to sit
2. Dial 999 for an ambulance* and say ANAPHYLAXIS ("ANA-FIL-AX-IS")
3. Stay with child, contact parent/carer
4. Commence CPR if there are no signs of life

*You can dial 999 from any phone, even if there is no credit left on a mobile. Medical observation in hospital is recommended after anaphylaxis.

Signed (parent/carer).....**Date**.....

Review yearly or if condition changes.