

Wilmslow High School

Allergy Action Plan



Photo
of
Student

This child has the following allergies
.....



Student's name	Date of birth	Tutor group
Student's address		
Post code		
Emergency contact numbers		
Name	Relationship to student	Telephone Number

In the event of a mild-moderate allergic reaction:

- Swollen lips, face or eyes
- Itchy / tingling mouth
- Hives or itchy skin rash
- Abdominal pain or vomiting
- Sudden change in behaviour

ACTION:

- Stay with the child, call for help if necessary
- **Give antihistamine: state drug and dose** _____
- (if vomited, can repeat dose)
- Contact parent/carer

Watch for signs of anaphylaxis

AIRWAY: Persistent cough, hoarse voice, difficulty swallowing, swollen tongue

BREATHING: Difficult or noisy breathing, wheeze or persistent cough

CONSCIOUSNESS: Persistent dizziness / pale or floppy suddenly sleepy, collapse, unconscious

If ANY ONE of these signs are present:

1. Lie child flat. If breathing is difficult, allow to sit
2. **Give EpiPen** *Dose prescribed* **150 mcg** **300mcg** *delete as appropriate*
3. Dial 999 for an ambulance* and say ANAPHYLAXIS ("ANA-FIL-AX-IS")
4. **If in doubt, give EpiPen**
5. Stay with child, contact parent/carer
6. If no improvement after 5 minutes, give further EpiPen
7. Commence CPR if there are no signs of life

*You can dial 999 from any phone, even if there is no credit left on a mobile. Medical observation in hospital is recommended after anaphylaxis.



PARENTAL CONSENT

I hereby authorise school staff to administer the medicines listed on this plan, including a 'spare' back-up adrenaline autoinjector (AAI) if available, in accordance with Department of Health Guidance on the use of AAI in schools.

Signed *(Parent/Carer)*

Print name:.....

Date:.....



- Hold firmly with orange tip pointing downward.
- **Remove blue safety cap by pulling straight up.**
- **Do not bend or twist.**



- **Swing and push orange tip firmly into mid-outer thigh until you hear a 'click'.**
- Hold on thigh for several seconds.

Built-in needle protection.

After injection, the orange cover automatically extends to ensure the needle is never exposed.