

High Notes



Friday 21st April 2017

Issue 25



Model United Nations

Three of Wilmslow High School's students took part in a weekend of debate at Stockport Grammar School's Model United Nations during the first weekend of the Easter holidays.

The students had to research and take on the views of a randomly assigned country, in this instance Saudi Arabia, then debate their views. They were also assigned a committee, which could be either the Human Rights Council or Culture Committee, to name but two. Students then had to debate a wide variety of subjects, submitting 'resolutions' to find a way to solve the issue in hand.

They all did very well with two of them winning awards, Karim Tayara, (Year 12), attending his first conference, Joseph Vale (Year 9), winning 'Highly Commended Delegate' and Georgia Brown (Year 12) winning 'Outstanding Delegate'.

Students are judged on how well they debate, how much they contribute towards the debate, individual conduct, knowledge and understanding of parliamentary procedure and accurate representation of their country's view.

- Joseph Vale (Year 9)

Contact Details

Reception:

01625 526191

Attendance:

01625 441089

Sixth Form Attendance:

01625 441070

Second hand uniform shop:

07889 924692

Community Liaison:

01625 444159

School lettings:

01625 441053

High Notes

highnotes@wilmslow
high.cheshire.sch.uk



@wilmslowhigh

@whigh_maths

@whigh_eng

wilmslowhigh.com

Ski visit to Austria

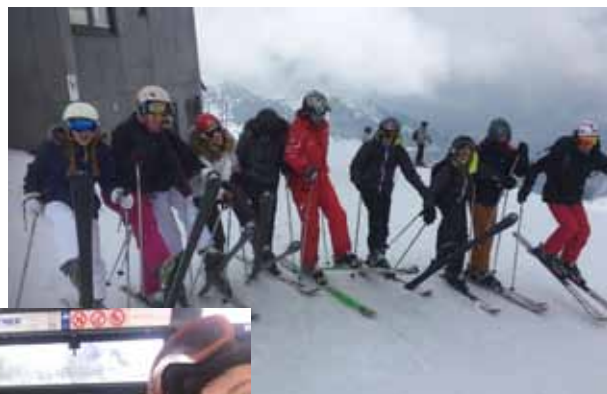
During the first week of the Easter holidays 49 Year 9 students went on the annual school ski trip to a lovely mountainous region in Austria called Hochfugen.

During the first day students and staff got to grips with the slopes in blistering heat and sunshine, however, on the second day we could have been back in Wilmslow as they were woken by the sound of rain! Luckily, the rain was soon replaced with snow which continued for the rest of the week; the conditions were great!

All students made excellent progress with skiing and snowboarding throughout the week.

Awards were given to: **Dylan Philips**, most improved skier, **Georgina Cook**, the biggest smile, **Stuart Harwood**, best overall skier and **James Davidson**, 'fastest skier'!

Thanks to Mr Davies, Miss Hatt, Miss Richards, Mr Allgood and Mr Brudy for helping out and adding to the fantastic experience!



DofE leads to success

Three years ago, as part of his Duke of Edinburgh Bronze award, Adam Stephenson (Year 13) took up Target Shooting and has been an active

member of Wilmslow Shooting Club ever since, making great improvements each year.

He has now been selected to represent the County for Cheshire and North Wales in the Senior category, the youngest by some distance. Well done Adam and Good Luck!

England Squad for Sam

Congratulations to former student and Sale Sharks player Sam James, for his call up to the full England squad. England head coach Eddie Jones has named Sam and 14 other uncapped players in his 31-man squad to tour Argentina in June.





Author Jo Welch Returns

Author Jo Welch returned to Wilmslow High School on Thursday 2nd March and signed copies of her new book, *The Darwin Code*.

Jo spent a brilliant day with our Year 7 students, celebrating World Book Day and delivering a creative writing workshop.

In her book *The Darwin Code*, J.D. Welch uses her love of science and puzzles to help her characters try to solve two mysteries, whilst also delivering an interesting and understandable insight into human

genetics. Set against a backdrop of the streets and colleges of Oxford, a story of intrigue and suspense unfolds. When young Ben Baxter and his mother Sue escape from a horrific ordeal, their lives remain in danger as they race to prevent a deadly poison being launched. For Ben, this also brings the opportunity to discover the answer to a very important question; who is his father?

This visit came amidst an exciting schedule for the author: she had recently attended the National Cipher Challenge Awards in Bletchley Park as guest of honour and the following day to the London Book Fair where *The Darwin Code* is to be one of publisher Austin Macauley's Top 10 releases of 2017.

NOTES



New High Options menu

Chartwells have introduced our new menu called 'Global Adventures'.

Each day we serve a choice of 3 dishes from around the world. Together with the offer of 'buy a meal each day and get your meal free on the Friday', this is a great opportunity for staff and students to try our new menu. Please click the link below for the menu details: <https://tinyurl.com/ljz3hej>

PREPARATION FOR EXAMINATIONS

As you will be aware, the examination season is almost upon us. Here are some of the activities that we are providing to support our students.

- **A range of subject clinics and revision sessions** . Further details can be found at this link: <http://wilmslowhigh.fireflycloud.net/tutor-group-activities/year-11-fortnight-ahead>
- **Exam Thursdays:** an opportunity for students to practise sitting exam papers in exam conditions
- **Progress Labs: an opportunity to complete homework and/or revision tasks in a quiet environment with the support of staff**
<http://www.wilmslowhigh.com/wp-content/uploads/2016/11/Progress-Lab.jpg>
- A session on '**How to memorise information effectively**' on Monday 24th April at 3.20 for Year 11 students in Room 116
- **Details on apps** that our students are recommending to help with revision – further details can be found at this link:
<http://wilmslowhigh.fireflycloud.net/tutor-group-activities/revision-apps>
- **Details for effective revision strategies.** Further details can be found at this link:
<http://wilmslowhigh.fireflycloud.net/key-stage-3-and-4/advice-about-effective-revision-and-learning>



Exam technique is also crucial. Students getting their timing of questions right is an important part of effective exam technique so we are recommending that all of our students ensure that they have a watch (NOT a smart watch) that they are getting into the habit of using in exam practice now so that they are well prepared.

Year 11 students received an important information pack today containing:

1. Their exam timetable
2. A letter outlining exams and exam preparation activities for this half term
3. Details of their maths and English actions for this half term
4. Information about their leavers' hoodie

Please can you ensure that you have read this information carefully.



PARENTALK

Parenting Tools & Discussion **6 Monday evening sessions, 5th June – 10th July**

During the summer term, Wilmslow Youth will be running a parenting course called 'Parentalk', which will be open to any parents of Wilmslow High students.

Parentalk is a fantastic course created by 'Care for the Family', and it's all about helping mums and dads do the best job they can as they navigate these years with their teenager. It's a relaxed, informal course giving you the opportunity to talk about the day-to-day challenges you face, as well as sharing the things that are going well.

This course is not just for parents who are experiencing struggles at home, but rather for anyone who would like to add to their parenting 'toolbox' and both share and receive tips and advice from other parents.

The total cost of the course is £15 per person, or £25 per couple.
For more details, or to register for the course, please email
hello@wilmslowyouth.com



Limited stock discounted Puma PE kit available from PrintWorks

There is limited stock in each size so please email contact Mr Bowden in PrintWorks to make any purchases while stocks last.

OPENING TIMES

9.00am - 4.00pm Monday to Friday

or email whspekitsale@wilmslowhigh.com
with your requirements and Mr Bowden will get back to you.

WILMSLOW HIGH SCHOOL PUMA PE KIT SALE

As you are probably aware as of March 2017 Wilmslow High School has changed uniform and PE kit suppliers to Express Uniform for uniform and Surridges for PE Kit.
As a result, we are able to offer a discounted sale of the 2016-2017 PUMA PE kit previously supplied.

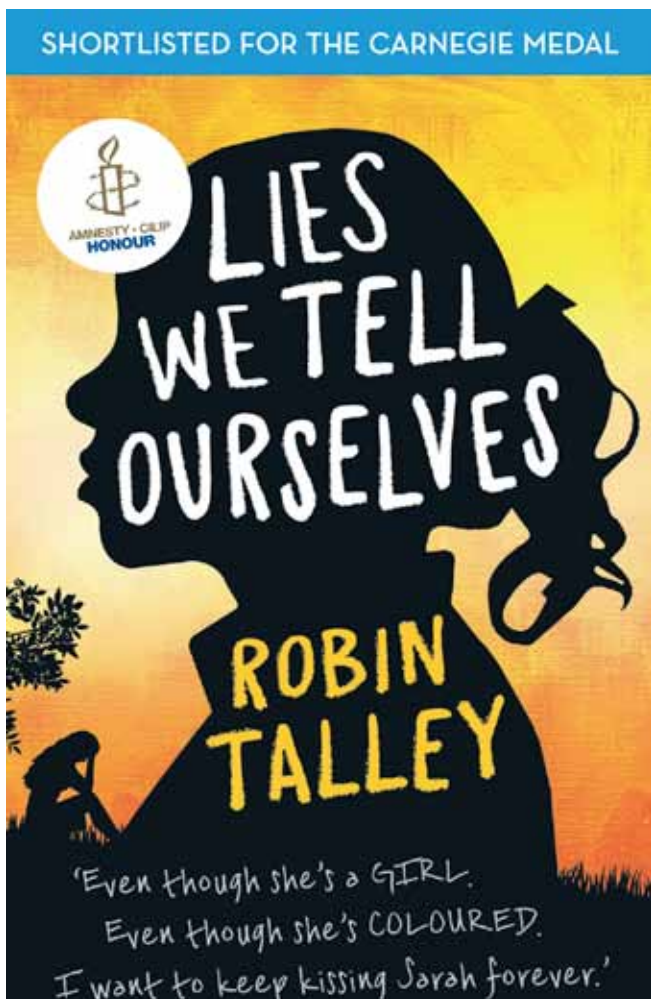
THIS KIT WILL BE 'CURRENT' ALONG WITH THE SURRIDGE KIT, FOR THE NEXT 2 YEARS.

	<p>Unisex polo shirt Previous RRP £20.99-£25.99 Sale price £12.50-£14.00</p>	
	<p>Unisex PE shorts Previous RRP £16.50-£20.50 Sale price £11.50-£14.50</p>	
	<p>Rugby Jersey Previous RRP £43.50-£54.50 Sale price £25.00</p>	

Rugby shorts and games socks also available at competitive prices

For further information please contact Mr M Bowden at The PrintWorks.
Tel: 01625 441059 or email: whspekitsale@wilmslowhigh.com

LIMITED STOCK AVAILABLE



Book Giveaway at Wilmslow Public Library

Students in Year 9 and above can collect a free copy of 'Lies We Tell Ourselves' by Robin Talley if they visit Wilmslow Public Library between 24th - 29th April.

All students who claim their free book will also be entered into a prize draw to win a £20 Amazon voucher!

SAVE THE DATE
Year 11 Prom Night Make-over demonstration by Space NK Wednesday May 3rd 6.00pm.
 More information to follow

Not too late for NCS

A number of Year 11 students (over 100) expressed an interest in taking part in the National Citizen Service summer programme. 39 students have signed up to the programme though there is still time if any other Year 11s would like to join. **Interested students can see Mr Vincent or visit the NCS website for further details.**

Amazon link
 Parents, carers and students can now help Wilmslow High School to buy new stock for the LRC (Learning Resource Centre/Library). This link enables us to benefit from the Amazon Associates programme which pays a small commission to school on the purchases you make, without costing you anything extra.

Please help to support school by using this link when you shop at Amazon, and bookmark it for future visits. Thank you.
https://www.amazon.co.uk/?ie=UTF8&link_code=hom&placement=home_multi.gif&tag=wwwwilmslowhi-21

USEFUL LINKS

- Extra-curricular activities: <http://www.wilmslowhigh.com/curriculum/xtra-curricular-programmes/>
- Previous issues of High Notes: <http://www.wilmslowhigh.com/?p=2239>
- Letters sent from school: <http://www.wilmslowhigh.com/?p=2043>
- Stronger Families leaflet: <http://tinyurl.com/h153ovm>
- Examination timetable: <http://tinyurl.com/jsh2qkn>
- Sports X-tra timetable: <https://tinyurl.com/l8ryrj8>



Is my child too ill for school?

Guidance from NHS Choices

When your child is unwell, it can be hard deciding whether to keep them off school. These simple guidelines should help.

Not every illness needs to keep your child from school. Use common sense when deciding whether or not your child is too ill to attend school. Ask yourself the following questions.

Is my child well enough to do the activities of the school day? If not, keep your child at home.

Does my child have a condition that could be passed on to other children or school staff? If so, keep your child at home.

Would I take a day off work if I had this condition? If so, keep your child at home.

Common conditions

If your child is ill, it's likely to be due to one of a few minor health conditions.

Whether you send your child to school will depend on how severe you think the illness is. Use this guidance to help you make that judgement.

Remember: if you're concerned about your child's health, consult a health professional.

Cough and cold. A child with a minor cough or cold may attend school. If the cold is accompanied by a raised temperature, shivers or drowsiness, the child should stay off school, visit the GP and return to school 24 hours after they start to feel better. If your child has a more severe and long-lasting cough, consult your GP. They can give guidance on whether your child should stay off school.

Raised temperature. If your child has a raised temperature, they shouldn't attend school. They can return 24 hours after they start to feel better.

Rash. Skin rashes can be the first sign of many infectious illnesses, such as chickenpox and measles. Children with these conditions shouldn't attend school. If your child has a rash, check with your GP or practice nurse before sending them to school.

Headache. A child with a minor headache doesn't usually need to be kept off school. If the headache is more severe or is accompanied by other symptoms, such as raised temperature or drowsiness, then keep the child off school and consult your GP.

Vomiting and diarrhoea. Children with diarrhoea and/or vomiting should definitely be kept off school until at least 48 hours after their symptoms have gone. Most cases of diarrhoea and vomiting in children get better without treatment, but if symptoms persist, consult your GP.

Sore throat. A sore throat alone doesn't have to keep a child from school. But if it's accompanied by a raised temperature, your child should stay at home.

Chickenpox. If your child has chickenpox, keep them off school until all their spots have crusted over.

Source: <http://www.nhs.uk/Livewell/Yourchildatschool/Pages/Illness.aspx>

To speak to a member of the medical needs team at Wilmslow High School about this advice or any other issue concerning student health, please contact: medicalneeds@wilmslowhigh.cheshire.sch.uk

SPORT

Summer Sport

The return from the Easter break sees the start of summer sport at Wilmslow High school. This Saturday the boys cricket teams will begin their season, whilst the girls rounders competitions start next week. Training has already started for tennis and athletics with boys and girls competitions across the age groups due to start next week. For details of training nights/times, students should ask their form tutor or see the sports X-tra timetable.

Results week commencing 18th April 2017

DAY	DATE	OPPONENTS	3RD/U16	SPORT
THURS	20-Apr-17	EATON BANK	won 3-0	BOYS FOOTBALL

Fixtures week commencing 22nd April 2017

DATE	OPPONENTS	1ST	U15	U14	U13	U12	SPORT
22-Apr-17	ALTRINCHAM GRAMMAR		A	H	A	H	CRICKET
25-Apr-17	FALLIBROOME				H		BOYS FOOTBALL
25-Apr-17	ST AMBROSE		H	H	H	H	TENNIS
25-Apr-17	ALL HALLOWS			A			BOYS FOOTBALL
26-Apr-17	KEY STEPS GYM CPM						MSSP
26-Apr-17	CANON SLADE	A					TENNIS
26-Apr-17	NEWCASTLE UNDER LYME	A					TENNIS
26-Apr-17	T20 NorthWest Comp @ Liverpool College	A					CRICKET
27-Apr-17	MACCLESFIELD TRACK		A	A	A	A	ATHLETICS
27-Apr-17	AUDENSHAW GRAMMAR				A	H	CRICKET
28-Apr-17	TRI GOLF						MSSP

CALENDAR

Week commencing 24th April 2017

Day/date	Time	Venue	Activity
Thursday 27th April	Periods 2, 3 & 5 3.10pm 3.30 - 5.30pm 6.30pm	Various Anglesey Sports Hall Main Hall	Junior Maths Challenge Year 13 Maths camp - departs Exam Thursday KS4 and 5 Presentation Evening
Saturday 29th April		Anglesey	Year 13 Maths camp - returns

Week commencing 1st May 2017

Day/date	Time	Venue	Activity
Monday 1st May			Bank Holiday
Wednesday 3rd May	6.00pm	Drama Studio	Year 11 Prom Night make-over demonstration
Thursday 4th May	6.30pm	Main Hall	Dance Showcase
Friday 5th May	8.35-9.15am All day	High Options Quarry Bank Mill Cowling	Peer mentor rewards breakfast Humanities visit to Glasshouse Year 10 GCSE/Year 12 BTEC departs
Sunday May 7th		Cowling	Year 10 GCSE/Year 12 BTEC returns

COMMUNITY

LAST FEW DAYS Great opportunity for young people aged 14-25

Cheshire Youth Commission

We are currently recruiting young people to join the Cheshire Youth Commission on Police and Crime – an exciting initiative partnership with the Police and Crime Commissioner, David Keane.

Following a successful pilot project, Cheshire Youth Commission will be developed and expanded over the coming year in order to allow young people across the communities in Cheshire to inform decisions about policing and crime prevention in the region.

The Cheshire Youth Commission allows young people to support, challenge and inform the work of the Police & Crime Commissioner and Cheshire. The Youth Commission will explore urgent issues affecting young people in Cheshire, such as reducing offending and re-offending, improving the relationship with the police, and anti-social behaviour.

The Youth Commission is aimed at young people aged 14-25 years who want to make a difference to their community. We're looking for a diverse group of young people from different backgrounds and life experiences to take part, including those who have direct experience of the criminal justice system.

This is brilliant opportunity for young people to gain new knowledge, skills and experiences. Members of the Youth Commission will play an important role in helping to run consultation events and gather the opinions of other young people about police and crime.

You can also download the application documents from the link below:
<https://www.cheshire-pcc.gov.uk/what-im-doing/get-involved/cheshire-youth-commission/>

Please note: Application deadline has been extended to: Monday 24th April 2017 - 9am.

Wilmslow is set to host its third Food and Drink Week from 24th-29th April, celebrating the Food and Drink businesses in and around Wilmslow.

Wilmslow Business Group has put together a programme of food-related events and special offers to encourage residents and visitors to discover what Wilmslow has to offer when it comes to food. Restaurants, pubs, hotels and cafes are all participating and this year's event is sponsored by the newly refurbished Stanneylands which is set to be relaunched mid April. You will find copies of the Food & Drink Week programme at April's Artisan Market, the Library, Wilmslow Leisure Centre



and several local food outlets.

This year Wilmslow Business Group has organised an exciting mixture of events around the town featuring a pop up dining experience at Tru Kitchen, a pizza making party at Pizza Express, a cake competition to be judged at

Bridgmans, a ladies fashion lunch at Sarafina and wine tasting evening at Majestic Wine.

For further information contact isobel@wilmslowbusinessgroup.co.uk or follow the event at www.getintowilmslow.co.uk or our Twitter@food-week and Facebook@WilmslowFoodnDrink.