

# WILMSLOW HIGH SCHOOL

## Relationships and Sex Education Policy

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Leadership team owner: Assistant Headteacher, Personal Development and Community  
Approved by: Headteacher  
GB committee link: Learning & Student Support

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### 1. Aims

The aims of relationships and sex education (RSE) at our school are to:

- Provide a framework in which sensitive discussions can take place
- Prepare students for puberty, and give them an understanding of sexual development and the importance of health and hygiene
- Help students develop feelings of self-respect, confidence and empathy
- Create a positive culture around issues of sexuality and relationships
- Teach students the correct vocabulary to describe themselves and their bodies

These aims are closely aligned to the school's 'PRIDE' values: Professionalism, Respect, Integrity, Determination and Empathy.

## **2. Statutory requirements**

As a maintained secondary school we must provide RSE to all pupils as per the [Children and Social work act 2017](#).

In teaching RSE, we must have regard to [guidance](#) issued by the secretary of state as outlined in section 403 of the [Education Act 1996](#). Revised Department for Education statutory guidance [https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/908013/Relationships\\_Education\\_Relationships\\_and\\_Sex\\_Education\\_RSE\\_and\\_Health\\_Education.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/908013/Relationships_Education_Relationships_and_Sex_Education_RSE_and_Health_Education.pdf) states that from September 2020 all schools must deliver relationships and sex education in secondary schools. The parental right to withdraw remains in secondary education for aspects of sex education which are not part of the science curriculum.

## **3. Policy development**

This policy will be developed and agreed in consultation with staff, students and parents. The consultation and policy development process involves the following steps:

1. Review – staff working group pulled together all relevant information including relevant national and local guidance
2. Staff consultation – all staff given the opportunity to look at the policy and make recommendations
3. Parent/stakeholder consultation – parents and any interested parties invited to review and comment on the policy
4. Student consultation – students given the opportunity to review the policy and to say what they want from their RSE provision
5. Governing Board (GB) consideration – the GB will follow the processes it has adopted for the review of policies.
6. The senior leaders responsible for this policy will review the consultation feedback and use it to inform the policy submitted for Head teacher approval.

## **4. Definition, rationale and ethos**

This policy covers our school's approach to the teaching of RSE.

We define RSE as being about the emotional, social and cultural development of students, and involves learning about relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity.

RSE involves a combination of sharing information and exploring issues and values.

RSE is not about the promotion of sexual activity.

We believe relationships and sex education is important for our students as this powerful knowledge is central to our Wider Curriculum programme, which supports students to become healthy, safe and respectful members of society, who are able to make informed and confident decisions about life choices.

A vital part of a student's education is a strong home-school partnership, so we need parents/carers to understand what we are delivering in school so that these messages can be further reinforced and explored within the home.

We ensure that RSE is inclusive and meets the needs of all of our students, including those with special educational needs and disabilities. We also ensure that RSE lessons foster gender equality and LGBT+ equality.

## **5. Curriculum**

Our RSE programme of study (Wellbeing curriculum map overview) is set out in the document below but we may need to adapt it as and when necessary:

<https://www.wilmslowhigh.com/wp-content/uploads/2020/10/Wellbeing-RSE-Curriculum-Overview.pdf>

The curriculum will be further developed in consultation with parents, students and staff, taking into account the age, needs and feelings of students. If students ask questions outside the scope of this policy, teachers will respond in an appropriate manner so they are fully informed and don't seek answers online.

## **6. Delivery of RSE**

RSE is taught within the personal, social, health and economic (PSHE) education curriculum; we refer to this as our Wider Curriculum Powerful Knowledge lessons. These lessons are timetabled every Tuesday morning period 1, on a Week B (one hour lesson per fortnight). Biological aspects of RSE are also taught within the science curriculum, and other aspects are included in Key Stage 3 in religious education (RE).

Students also receive stand-alone sex education sessions delivered by trained health professionals and form tutors.

Students will be encouraged to be active, empathetic and respectful contributors during lessons and to reflect upon their own learning and progress.

RSE focuses on giving young people the information they need to help them develop healthy, nurturing relationships of all kinds including:

- Families
- Respectful relationships, including friendships
- Online and media
- Being safe
- Intimate and sexual relationships, including sexual health

These areas of learning are taught within the context of family life taking care to ensure that there is no stigmatisation of children based on their home circumstances (families can include single parent families, LGBT parents, families headed by grandparents, adoptive parents, foster parents/carers amongst other structures) along with reflecting sensitively that some children may have a different structure of support around them (for example: looked after children or young carers).

## **7. Roles and responsibilities**

### **7.1 The Governing Board (GB)**

The current RSE Statutory Guidance includes the following section on the role and responsibilities of the governing board:

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education/introduction-to-requirements#governors>

This policy sets out the GB will carry out its role and responsibilities by:

- Approving the policy
- Tasking the headteacher with implementing the policy
- Receiving strategic level reports on the impact of the policy through the Headteacher Report process
- Allocating RSE to the remit of the Learning and Student Support Committee of the Governing Board

### **7.2 The headteacher**

The headteacher is responsible for ensuring that RSE is taught consistently across the school, and for managing requests to withdraw students from non-science components of RSE (see section 8).

### **7.3 Staff**

Teaching staff (form tutors) are responsible for:

- › Delivering RSE in a sensitive way
- › Modelling positive attitudes to RSE
- › Monitoring progress
- › Responding to the needs of individual students
- › Responding appropriately to students whose parents wish them to be withdrawn from the non-science components of RSE

Some lesson delivery may require the support or input of an external speaker or health professional.

Staff do not have the right to opt out of teaching RSE. Staff who have concerns about teaching RSE are encouraged to discuss this with the headteacher.

The Assistant Headteacher, Personal Development and Community is the member of the Senior Leadership Team who has responsibility for students' Personal Development and the delivery of the Wider Curriculum.

The Senior Leader, Wider Curriculum and Partnership, is the member of the Extended Leadership Team who has responsibility for the school's Wider Curriculum Powerful Knowledge programme (PHSE curriculum).

### **7.4 Students**

Students are expected to engage fully in RSE and, when discussing issues related to RSE, treat others with respect and sensitivity.

## **8. Parents' right to withdraw**

Parents have the right to withdraw their children from the non-science components of sex education within RSE up to and until 3 terms before the child turns 16. After this point, if the child wishes to receive sex education rather than being withdrawn, the school will arrange this.

Requests for withdrawal should be put in writing and emailed to [RSE@wilmslowhigh.com](mailto:RSE@wilmslowhigh.com). Parents should include their child's name, form group and the reason for why they would like their child withdrawn.

A copy of withdrawal requests will be placed in the student's educational record. The headteacher will discuss the request with parents and take appropriate action.

Alternative work will be given to students who are withdrawn from sex education.

## **9. Training**

Staff are trained on the delivery of RSE as part of their induction and it is included in our continuing professional development calendar.

The headteacher will also invite visitors from outside the school, such as school nurses or sexual health professionals, to provide support and training to staff teaching RSE.

Teachers are aware that effective RSE, which brings an understanding of what is and what is not appropriate in a relationship, can lead to a disclosure of a child protection issue. Teachers will consult with the relevant safeguarding lead person if they have any concerns.

## **10. Monitoring arrangements**

The delivery of RSE is monitored by the Wider Curriculum Team through lesson walks and observations.

Students' development in RSE is monitored by class teachers as part of our internal assessment systems.

Students will be formatively assessed throughout the sessions delivered.

This policy will be reviewed annually by the Assistant Headteacher, Personal Development and Community.

This review will feed into the Headteacher Report to the Full Governing Board.

It is noted that the DfE plan to review the RSE Statutory Guidance 3 years from first required teaching (September 2020) and every 3 years after that point.